

**This is an example only**

**Please personalize this letter**

**To Management:**

**My name is \_\_\_\_\_ and I am an employee of AT&T.**

**I have been on disability because of \_\_\_\_\_. I am currently under doctor's care.**

**Against my doctor's advice, I present myself for work today because management has advised me I must return to work or face job abandonment. I am currently risking my health, safety, and the future welfare of my family because AT&T Integrated Disability Services, managed my Sedgwick, has deemed me as not being disabled.**

**I am currently taking (list all medications) and their side effects are \_\_\_\_\_.**

**If my reporting to work AGAINST my doctor's orders because AT&T Integrated Disability Services, managed my Sedgwick, has determined that I am not disabled and if my reporting to work causes further damage to my health or my safety, I or my Heirs intend to hold both the company and management liable.**

**I ask for the company to send for a fitness for duty exam. This request is made to obey the official fitness for duty policy of AT&T. This request is made so the company can make reasonable accommodations for me.**

**Be sure that your doctor writes your restrictions as specific as possible, i.e. not standing for X amount of time, no sitting for X amount of time, all medications, any physical therapy, etc. BE PREPARED to be sent for a second opinion.**

